

## **SUMMARY:**

Hobbies are an encouraged by-product of leisure education because they are lifelong leisure skills chosen because of their natural integration into the individual lifestyle. A hobby is an individual recreation pursuit which permit the hobbyist to start and stop when he or she chooses, it can and often does lead the hobbyist into group participation. Hobbyists (person engaged in the hobby) do not become dependent on the local leisure service agency to program their free time hours-the possession of a hobby acknowledges people's ability to pursue a self-directed leisure activity without any dependency. A hobby provides ways in which an individual's social and psychological needs are met. The real value of a hobby depends to a large extent on how well these needs are met and how much satisfaction is gained through participation. The main objective of hobby is enjoyment and desirably it should be a socially acceptable activities.

An important characteristics of hobbies is that, the activity is voluntarily chosen, carried within one's leisure time and, provides important values, pleasure and satisfaction. It is evident that people can use leisure time constructively or destructively. One of the basic aim of hobbies activities and recreational program is to teach the wise use of leisure time. People should be made aware of the vital place that wholesome recreation can play in the full enjoyment of life.