



Glossary

Handicap: Any hindrance or difficulty imposed by a physical, mental, or emotional problem.

Education validity: Physical education curricula that contribute to independent recreational participation in sport and physical activity outside of the classroom setting.

Posture: Mechanical efficiency or inefficiency of body parts.

Data-based curriculum: Curricula composed of goals and objectives of functional motor skills.

Physical medicine: Phase of medicine that uses various therapies to bring about a healing response.

Community-based assessment: Assessment that focuses on skills needed to live independently in the community.