

SUMMARY:

Any of the above forms of disorder be it behavioural disorder, adjustment problems, emotional problems or personality disorder, each of them are unique and has a special set of symptoms to identify. It is however worth mentioning that all the disorders, mostly develop in the early stages of life particularly during childhood which when left unattended develops and consolidates itself in the life of an individual to become a major disorder which may take a lot longer to deal with as compared to the time that it might have taken if the disorder/problem was dealt with in the early stages.

It is extremely important for all teachers and physical education professionals to be well versed with the disorders and their symptoms so that they are diagnosed and tackled when the time is right and not wait for the disorder to become permanent and beyond treatment.