

Glossary:

1. **Adapt:** The words adapt means “to adjust” or “to fit”. Also the “adapt” includes the modification of objectives and methods to meet unique needs.
2. **Adapted Physical Activity:** Adapted physical activity (APA) is a professional branch of kinesiology/Physical education/sport and human movement sciences, which is directed toward persons who require adaptation for participation in the context of physical activity.
3. **Disability:** Disability is the consequence of an impairment that may be physical, cognitive, mental sensory, emotional etc.
4. **Evolution:** The process of change in a certain direction.
5. **Law:**Law is a system of rules that are enforced through social institutions to govern behaviour.
6. **Medical orientation:**The recognition of one’s temporal, spatial, and personal relationships and environment.
7. **Paralympics:** The Paralympics games is a major international multi-sport event, involving athletes with a range of physical disabilities.
8. **Rehabilitation:**Rehabilitation is to enhance and restore functional ability and quality of life to those with physical impairments or disabilities.
9. **Society:**A society is a group of people involved in persistent social interaction, or a large social grouping sharing the same geographical or social territory, typically subject to the same political authority and dominant cultural expectations.
10. **Therapy:**Therapy is the attempted remediation of health problem, usually following a diagnosis.