



Glossary

Community-based physical education programs: Physical education curricula that focus on behaviour and skills that an adult will be able to use in the community environment.

Recreational therapy: A related service that provide leisure time evaluation, instruction and activities to a variety of populations with special needs.

Rehabilitation Act of 1973: Civil rights legislation for the differently abled which states that there should not be any exclusion or denial of benefits to the differently abled.

Least restrictive environment: the setting which enables a differently abled individual to function to the fullest of their capability.

Adapted physical educator: A professional with specialized training in evaluating, designing and implementing specialized physical education programmes.