

FAQs:

Q1. What is adapted physical education?

Ans. Adaptive Physical Education (APE) is the art and science of developing, implementing, and monitoring a carefully designed physical education instructional program for a learner with a disability.

Q2. What are the roles that a qualified Adapted Physical Education or a Physical Education fulfils?

Ans. Following are the roles:

- The adapted physical educator should be able to design achievement based programs
- He should be able to implement high quality instruction
- The educator must demonstrate leadership and advocacy.

Q3. How does the Federal Law define Physical Education?

Ans. Federal law mandates that physical education should be provided to students with disabilities and defines Physical Education as the development of:

- physical and motor skills
- fundamental motor skills and patterns (throwing, catching, walking, running, etc).
- skills in aquatics, dance, and individual and group games and sports (including intramural and lifetime sports).

Q4. What according to Sherill are the services that are provided by the Adapted Physical Education Teacher?

Ans. Following are the services:

- Planning services
- Assessment of Individuals /Ecosystems
- Prescription/Placement: The IEP
- Teaching/Counseling/Coaching
- Evaluation of Services
- Coordination of Resources and Consulting
- Advocacy.

Q5. Explain the content of Standard 6 as given by APENS.

Ans. Standard 6 that is “Unique Attributes of Learners” refers to information based on the disability areas identified in the Individuals with Disabilities Education Act (IDEA) found within school age population.

Q6. What so you understand by the following ‘Adapted Physical Education Teacher is a direct service provider’? Explain.

Ans. The Adapted Physical Education teacher is a direct service provider, not a related service provider, because physical education for children with disabilities is a federally mandated component of special education services [U.S.C.A. 1402 (25)]. This means that physical education needs to be provided to the student with a disability as part of the special education services that child and family receive.

Q7. What does Ethics as given by the APENS mean?

Ans. A fundamental premise of the Adapted Physical Education National Standards Project is that those who seek and meet the standards to be certified as adapted physical educators will strive at all times to adhere to the highest of ethical standards in providing programs and services for children and youth with disabilities.

Q8. List down two roles of Physical Education in Adapted Physical Education.

Ans. The two roles of Physical Education in the adapted Physical Education are:

- The adapted physical education is a setting that can be given under different conditions.
- The program is compulsory in every public school and aims to give the students specifically designed programs that make them self sufficient and independent.

Q9. Who are the other professionals involved in the Adapted Physical Education Program?

Ans. Other specialists that are involved in the Adapted Physical Education program includes, physical therapists, occupational therapists, speech and language pathologists, special education teachers, orientation and mobility specialists, teachers of the visually impaired, hearing impairment specialists, assistive technology specialists, psychologists, school nurses, and recreation specialists.

Q10. ‘APE is a sub-discipline of Physical Education’. Put light on the given statement.

Ans. APE is a sub-discipline of physical education and encompasses the same components associated with physical education, providing safe, personally satisfying and successful experiences for students of varying abilities. The curricular purposes of adapted physical education is aligned with those of physical education.