



Summary

Injuries and long term disorders might be found among the student with disabilities ,this conditions should not preclude participation in physical Education classes or physical activity outside of the school setting .suggestions for appropriate physical activity and physical fitness experience have been provided for students with injuries, long –term disorders and weight control problems. For outdoor programme, integrating individuals with disabilities into team sports were offered in addition to the many modification and variations presented earlier to promote inclusion. Aquatics can be an important part of a physical education program for students with disabilities. Here we can be summarized the benefits of adapted aquatics, the importance of assessment, issues related to facilities and equipment and general teaching tips for adapted aquatics. Physical educators should be familiar with the many possibilities afforded by water and advocate for aquatic experiences within the physical education program for students with disabilities.