



Summary

Aquatics can be an important part of a physical education program for students with disabilities. Here we can summarize the benefits of adapted aquatics, the importance of assessment, issues related to facilities and equipment and general teaching tips for adapted aquatics. Physical educators should be familiar with the many possibilities afforded by water and advocate for aquatic experiences within the physical education program for students with disabilities. After school recreational and competitive opportunities also exist in other aquatics pursuits, including swim team, boating, water skiing and scuba.