

SUMMARY:

Rhythmic movement and dance are powerful content areas for developing problem solving, creative expression, and motor skills student with and without disabilities. Rhythmic movement can be considered the beginning point for dance, a beginning that is strengthen through participation in CED and structured dance .Teaching structured dance enables teacher to involve the class quickly in physical activity and provide meaningful opportunities to learn a lifetime physical activity. Although the content of this movement forms can be taught separately, each content can lead into the others, thus resulting in a more powerful medium for strengthening student development.