



FAQs

1. What is the intent of health education?

Ans: The intent of the health education is to promote the individual's competence regarding health, well being and safety.

2. What does the WHO health promotion glossary describe ?

Ans: The WHO health promotion glossary describes health education as not limited to the dissemination of health-related information but also fostering the motivation, skills and confidence necessary to take action to improve health.

3. What is the function of health education?

Ans: The function of health education should be to impart knowledge for the purpose of developing the powers of reason and judgement in order to help people make their own choices about patterns of living.

4. What is the psychological principle behind interest?

Ans: The psychological principle behind interest is that it relates to things in which students listen only to those which is of interest to them.

5. Give one barrier to communication?

Ans: One barrier to communication is the use of the words which cannot be understood.