



Glossary

Anaemia:	A deficiency of red blood cells
Nutritional:	Of or relating to or providing nutrition
Adolescence:	The time period between the beginning of puberty and adulthood
Puberty:	The time of life when sex glands become functional
Conception:	The act of becoming pregnant; fertilization of an ovum by a spermatozoon
Contraception:	Birth control by the use of devices or drugs or surgery
Chronological:	Relating to or arranged according to temporal order
Morbidity:	The relative incidence of a particular disease
Mortality:	The ratio of deaths in an area to the population of that area