



Summary

First aid should have a central part in any preventive health education program. The focus for health worldwide has increasingly moved to the prevention of unnecessary suffering, illness and death. In India, several National Health Programs have been directed at promoting healthy lifestyles of the general public to prevent illness and disease. First aid education should be a central part of these health programs, teaching skills that can prevent an illness or accident inflicting serious injury, or resulting in a fatality.

In many health emergencies, interventions in the first few minutes, before the emergency services arrive, can make a crucial difference to the outcome for the casualty. The St. John Ambulance (India) believes that first aid is a basic life skill that everyone should learn. By starting to teach first aid in all sectors, we can help people prevent serious injury and death in their communities today.