



## References

1. *A Manual of First Aid*, 3<sup>rd</sup> Edition- St. John Ambulance (India), Manipur State Centre.
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### LINK WEBSITE:

1. [www.sja.org.uk](http://www.sja.org.uk)
2. [www.stjohn.org.au](http://www.stjohn.org.au)
3. [www.sja.ca](http://www.sja.ca)