



FAQs

Q1. When was the school Health services started in India?

Ans. The School Health Services in India started in the year 1909, when for the first time medical examination of school children was carried out in Baroda city. Thus School Health Service in India is more than 100 years old.

Q2. How old is the school Health service ? When was the Bhole committee established?

Ans. The name of the committee for the development of school health service was Bhole committee, which was established in 1946.

Q3. Under the National Health Mission (NHM) how many schools and how many students are targeted for the School Health Programme?

Ans. Under the National Health Mission (NHM) the School Health Programme is a programme of School Health Service. The School Health Programme intends to cover 12,88,750 Government and private aided schools covering around 22 crores students all over India.

Q4. Define Health?

Ans. In 1948 World Health Organization (WHO) in its preamble of the constitution defined Health as a state of complete physical, mental and social well being and not merely an absence of disease or infirmity.

Q5. What are the some aspects of School Health Service?

Ans. Aspects of School Health Services and its tasks are manifold and vary according to local priorities where resources are plentiful, Special School Health Services may be developed. Some aspects of the School Health Services are as follows:

1. Health appraisal of school children and school personnel
2. Remedial measures and follow-up
3. Prevention of communicable diseases
4. Healthful school environment
5. Nutritional service
6. First Aid and Emergency care.
7. Mental health
8. Dental health
9. Eye health
10. Health education
11. Education of handicapped children
12. Proper maintenance and use of school health records.

Q.6. What are the Goals and Strategies of Health appraisal ?

Ans. The goals of the School Health Appraisal are:

- a. To prepare children to adopt healthy behaviours
- b. To help children to become healthy and useful citizens.

Some of the strategies for the health appraisal are as follows:

- a. Regular medical check-up for early detection and prompt treatment (EDPT)
- b. Protection against preventable diseases through vaccination
- c. Health and Population Education Programs in schools
- d. Ensuring healthy school environment e.g. safe drinking water, Sanitation, food hygiene, accident prevention
- e. Nutrition education and nutritional supplements WIFS (Weekly Iron folic acid supplementation) and Dewormin biannually that means twice in a year.
- f. Adolescents friendly Health services / RKSK(Rashtriya Kishor Swasthya Karyakram) (from class VI to XII Standards)

Q.7. What is communicable disease ? How can some of the communicable diseases be prevented?

Ans. Communicable diseases are all illness due to a specific infectious agent or its toxic products capable of being directly or indirectly transmitted from human to human, animal to animal , animal to human or from the environment (through air, dust, soil, water, food etc.) to human or animal. For example. Tuberculosis(T.B), Measles, Mumps, Swine flu , Type A –H5N1- Bird flu, (Type B- Human influenza) Diphtheria Typhoid fever Cholera, Dengue, Malaria, Rabies, and HIV/AIDS etc.

Q.8. What is Mission Indradhanush?

Ans. Mission Indradhanush is a Mission programme projected for 5 years (five years) (2015-2020) as an additional immunization programme for mothers and children above the NIS, where low coverage area, left out, hard to reach area, difficult to reach areas etc. are to be covered in a phase wise manner.

Mission Indradhanush which is depicting and taking the seven colours of the rainbow as symbol of the Seven vaccine preventable diseases in short VPD.

The seven diseases are:

1. Child hood TB(Tuberculosis)
2. Poliomyelitis
3. Diphtheria
4. Pertussis
5. Tetanus
6. Measles
7. Hepatitis B

Q9. What are the Roles and Responsibilities of the School teachers in school health programme services?

Ans. A. The roles of the school teachers are:

1. Work in close coordination with ANM in (PHSC) and MO of (PHC / CHC)
2. Observe children immunization report and deviation
3. Follow-up children under treatment

B. The responsibilities of the school teachers are:

1. Provision of health instruction to students and promotion of healthful practices as health counselor
2. Detection of abnormalities, provision of first-aid and referral for treatment
3. Assistance in health check-up
4. Maintenance of health records.