



FAQs

Q1. What is the most crucial aspect of personal preparation?

Ans The most crucial aspect of personal preparation of a teacher is his own preparation and planning of the lesson plan. In fact, he should have full blue print of the lesson on his mind.

Q2. Define a theory.

Ans Theory in the preparation of educators of adults has seldom been addressed in the same place or time frames. Theory is a doctrine or scheme of things which terminates in speculation or contemplation without a view to practice. Theory focuses on knowledge that comes from theoretical analysis.

Q3. List down designing of the teaching practice to the curriculum of professional preparation.

Ans

1. It should include the basic concept of teaching physical education and sports.
2. It should include the knowledge of fundamental skills and information regarding various games and sports.
3. The knowledge of physical education activities and about their conduct, concept, purpose and significance, should be included.
4. Teaching practice gives an idea about the selection and presentation of subject matter, class formation, teaching aids etc. for effective teaching which should be included in the curriculum of the professional preparation of physical education.
5. The practical knowledge in accordance with the theoretical concept should be experienced during the professional preparation.

Q4. What is practical experience?

Ans The practical experiences have prime importance in the curriculum of physical education professional preparation at undergraduate level. As physical education and sports is a field of practicals oriented, which also requires the field experience of various activities and disciplines. So selection of curriculum is important, in view of relevant field experience.

Q5. What are the areas where students at under graduate level must develop competency?

Ans Skill, coaching, officiating are the areas of students at under graduate level must develop competency.

Q6. What is requirement of a continuing awareness and an understanding of relevant technical and professional development?

Ans The maintenance of professional competence requires a continuing awareness and an understanding of relevant technical, professional developments.

Q7. Write the communication skills of professional competency.

Ans Communication Skills are

- Written Communication
- Verbal Communication
- Electronic Communication
- Listening Skills
- Presentation Skills

Q.8 What do you mean by callisthenic?

Ans Calisthenics are exercises consisting of a variety of gross motor movements—running standing, grasping, pushing, etc.

Q9. What is recreation?

Ans Recreation is an activity of leisure, leisure being discretionary time. The "need to do something for recreation" is an essential element of human biology and psychology. Recreational activities are often done for enjoyment, amusement, or pleasure and are considered to be "fun".

Q10. Mention any three conflict resolution in professional competency.

Ans Conflict Resolution :

- Analysis and Perception Skills
- Managing Agreement
- Negotiation Skills