



Undergraduate preparation of professional personal

INTRODUCTION

Undergraduate professional preparation is a specialized professional course and refers to the formal courses and other planned experience, which students undergo to develop specific competencies required to perform the functions demanded by various areas of the professions. The Undergraduate level professional preparation is an important area of the teaching profession. The Undergraduate level professional preparation also incorporates the general knowledge about the field, knowledge of allied area and the specific knowledge of professional skills at the graduate level. These professional preparations are known as “Under Graduate” which denotes the training period of bachelor’s level and after qualifying he/she becomes graduate professional.

PURPOSE

The ultimate purpose of professional preparation at the undergraduate level is to produce expert teachers and leaders, who can serve as cultured citizens in a democratic society and are capable of performing important education tasks efficiently. Although professional education exists for the primary purpose of preparing experts to perform clearly defined specialized function, professional personnel should be trained to become cultured citizens, competent teacher and leader or specialist. The main purpose of graduate study is to provide opportunities for continued personal and professional growth. It must be kept in mind that they have to ultimately contribute to the growth and development of many children.

The academic life of undergraduate students in physical education is not simple. Hence, the candidate selected must be exceptional. They are required to master many scientific subjects related to their field. They must also acquire skills in a variety of physical activities and participate in one or more college teams, which involve expenditure of great deals of time and energy. Obviously, the students who can successfully accomplished requirements must possess a good academic background, physical skill, physical vigour and determination well above the average.

To develop high degree of competence in particular area of specialization

Specialization is an important aspect of undergraduate curriculum; it provides opportunity to the student to narrow his own professional interest.

To develop the ability to locate, evaluate, interpret and draw realization from scholarly work done by others in the area of specialization and in allied fields.

To develop in the student ability to communicate at a highly effective level- the result of his own scholarly work and the work of scholar in other fields.

To produce highly skilled, scholars, leaders, who not only are equipped to advance the frontiers of knowledge but also are dedicated to the ideals of service to mankind and to the improvement of human relation and welfare in a democracy.

The following are some of the purposes in regard to professional preparation at Undergraduate level-

1. To prepare teacher in physical education-

Undergraduate study in physical education prepares teachers in physical education with adequate knowledge of all activity by including courses of study. Physical education teachers instruct students in fitness, and they may also coach sports teams or teach wellness classes. These teachers may work with students at the preschool through high school levels in private and public schools, helping them develop physical ability, health awareness and social skills. A bachelor's degree, state teaching license and internship are typically required for physical education teachers

2. To become an ideal citizen-

Undergraduate level study provides good leader of the society in a specific area, which can control, contribute and dominate that area with the knowledge and power.

3. To provide theoretical knowledge-

Undergraduate level study provides the specific knowledge on theoretical aspects of graduate courses, which includes getting the teaching experience up to tenth class. Theoretical knowledge is important because it is the base of practical knowledge. There are, indeed, such disciplines that required more theoretical subjects, so that the young will prepare in a better way for their future workplace.

4. To provide practical knowledge-

Undergraduate study provides the practical knowledge and experience of various physical education activities in graduate courses.

5. To provide the knowledge of the management of the sports program-

Undergraduate study in physical education provides an experience to conduct various physical education and sports activities in reference to teaching and sports management. Undergraduate study provides a person whose job entails planning, organizing, staffing, directing and controlling to be performed within the context of an organization whose primary or predominant product or service is sport and sport-related.

6. To provide knowledge of organization of sports activities & tournament-

Undergraduate study in physical education provides an experience to conduct various sports skills, coaching camp; in this regard a professional should be aware with the principles of coaching and scientific training. Sport Organization is a social entity involved in the sport industry; it is goal directed with a consciously structured activity system and a relatively identifiable boundary.

7. To provide knowledge of administration of various activities-

Undergraduate study in physical education provides an experience to tabulate and compile the proper results and records of various physical education and sports activities and also help to understand about the various types of stock and issue registers and other records in a systematic manner to provide a professional output.

8. To provide knowledge of budget in physical education-

Purpose of Undergraduate study is to provide knowledge about various heads of the budget, the allocation under relevant heads, budget preparation and its practical implication and implementation.

9. To become a well informer to society-

Undergraduate study provides an experience and knowledge about the concept of physical education and ways to provide awareness about its concept to the society.

10. To provide knowledge of officiating in games & sports-

Undergraduate study in physical education provides knowledge of rule and regulation of various games and sports, which is helpful for the graduate students to become a good official.

11. To provide knowledge of Intramural meet-

Intramural program is the backbone of Undergraduate level preparation in physical education. So knowledge of intramural meet and their successful organization is an essential matter for graduate students.

12. To develop a positive life style-

Undergraduate study in physical education provides the chance for enhancement of mass fitness and wellness level to inform and be aware about positive lifestyle.

13. To understand the policy and plan-

Undergraduate study develops the understanding about “National Sports Policy” its “Plan of Action” to achieve the goal systematically.

14. To provide knowledge of test and measurement-

Undergraduate study in physical education provides knowledge of elementary methods of test, measurement & evaluation of physical education programmes.

15. To provide knowledge of use of leisure time-

Undergraduate study helps to understand leisure time activity and help school recreational programme.

16. To understand the essence of curriculum and activities of importance-

Under Graduate study provides a spirit of curriculum and its importance in physical education. This process also helps in modifying the curriculum in the context of recent trends and addition to literacy or studies etc.

CULTURED CITIZEN

It is firmly believed that the teachers of physical education should possess the qualities required of a cultured citizen. He should be well prepared in his area of specialization. He should know how to establish friendly relationships with others, enjoy art and literature, develop his creative abilities and contribute to leadership in community living. He should use his freedom responsibly. The success of his role as a citizen is reflected in his role as a teacher or leader vice – versa.

COMPETENT TEACHER

We are not expected to excel in all phases of the activity programme, but a certain standard of performance must be reached in order to teach physical education. It should be remembered that there is much more to physical education than motor skills. Activities are not ends in themselves. They are a medium through which a child is educated.

Serious students of physical education must also exhibit a genuine interest in other subjects design to help him in understanding and interpreting his own field.

It is not the purpose of undergraduate professional curriculum to equip students with all competence necessary to perform all functions in the field. Many functions performed by professional personnel are possible only with maturation, postgraduate study and professional experience. Hence, professional curriculum should aim to produce a skillful and broadly educated beginning specialist who is competent to perform all functions generally expected of a beginning teacher.

ADMISSION REQUIREMENT OF UNDER GRADUATE PREPARATION

To select candidates, it's very important for successful professional preparation in physical and motor abilities, and ability to work hard must be examined carefully. Adequate high school background or scientific background otherwise the deficiency will have to be made up during professional preparation, which take place away lot of time. Under these we need some personnel experience i.e., verbal expression and activities.

VERBAL EXPRESSION

Competency in English language or two or competency in more languages should also be tested; otherwise, students will face difficulty in following the teachers.

ACTIVITIES

Exposure to a wide variety of movement experiences, participation in many activities, competitive sports experience, leadership experience, creativity etc. are essential for a candidate who wishes to undergo professional preparation in physical education .

Since, skills in a wide variety of motor activities, is necessary for professional competence and this should be acquired in their school life. One can increase his competence as he grows older and wiser, but one cannot develop motor skills at a later stage. Hence, it is important that one should have background of fundamental skills on which one can develop the skills during professional courses.

CONCLUSION

From the concluding point of view, apart from personal preparation, technical preparation will allow the teacher to conduct the lesson smoothly and efficiently. A teacher who knows beforehand regarding the level of his students, their abilities, nature, behaviour etc. will certainly be able to manage the class more effectively. He should be prepared in advance as to whether he will be teaching gifted students or slow learners. Now-a-days, modern technology is playing an important role in the teaching and learning process. A teacher who is well aware regarding these new technologies and techniques will be able to improve the quality of his teaching. Multimedia, computers and electronic devices have invaded the classrooms. An efficient teacher always prepares his detailed check list in advanced. He should always carry with him necessary and personal items like pen, notebook, watch etc.
