



Summary

The process of preparing for a career is referred to as professional preparation. This means the attainment of knowledge necessary to be an educated person as well as knowledge essential to understand the discipline of physical education and developing abilities with reference to one's chosen career. In addition to gaining the knowledge and skills, it is necessary to be a successful practitioner. Professional preparation may be thought of as the process of increasing personal marketability. When viewed from this perspective, professional preparation includes not only the course work and academics, but related career experience as well. Typically, professional preparation curricula in physical Education have been oriented towards preparing individuals for careers in teaching and coaching.