

From this chapter we can summarize that, Professional preparation is a complex process. We can conceive the professional competence as the capacity to solve a problem in a given situation with high performance, which involves the application of a set of professional knowledge, skills, sensibilities and attitudes. Because of the diversity of problems and specificity of situations, competence cannot be a capacity described by a stock of finished and accomplished resources, but a capacity endowed by means to face changes in the task and situation. In the beginning, the guiding principle was "learn to execute movements to be able to teach them in the next phase, the guiding principle changed to "learn to teach" in which the goal of the professional preparation was to form a competent teacher.