



Glossary

Anatomy	– A scientific study concerned with the physical structure of human body.
Buoyant	– To be in a state of resilient, cheerful and strong or to stay afloat
Differently abled	– Refers to those individuals who were normally considered physically or mentally handicapped.
Kinesiology	– Scientific study about human movements.
Motivation	– To stimulate interest in something
Physiology	– A branch of physical education, a science that study about the functions of the human body.
Psychology	– A study of the mind and behaviour.
Robust	– Healthy, strong and full of energy
Sociology	– The scientific study of human society and group behaviour.
Testimonials	– A formal declaration or something to show appreciation.