



FAQs

- 1) What are the common terms used for physical education teacher in schools?
Ans. In India they are known as physical education teacher (PET), sports teacher, physical training instructor (PTI).
- 2) What is physical education?
Ans. Physical education is a process through which an individual obtains optimal physical, mental and social skills and fitness through physical activity.
- 3) What is the role of physical educator?
Ans. To motivate, educate and encourage participation in physical activity.
- 4) What is the traditional job opportunity for physical education graduates?
Ans. The traditional opportunity for professionally prepared graduate is to work in public and private schools.
- 5) What is the non-traditional job opportunity for physical education graduates?
Ans. To work as gym instructor, personal trainer, team and individual sports trainer etc.
- 6) What could be second career option for school physical education teachers?
Ans. A second career opportunity is coaching young boys and girls on sports skills & techniques after-school or during holiday for additional income.
- 7) What is the main challenge faced by school's physical education program in India?
Ans. To educate and convince parents and school management the importance of giving equal concern for academic and activity.
- 8) What is professional preparation?
Ans. The process of preparing for a career is known as professional preparation.
- 9) What do you mean by choosing a career?
Ans. Choosing a career is a decision making process that involves gathering and then evaluating information about the alternatives available to you.
- 10) What is the advantage of choosing teaching physical education as a career?
Ans. Probably most important is that it offers an opportunity to help shape people's lives and promote a healthy life-style.