

**Course Name : Bachelor of Physical Education**

**Year : IInd (Part - I)**

**Paper Name : Yoga**

**Paper No. V**

**Lecture No. 25**

**Topic no . : Section D1 (c)**

**Lecture Title: Role of Yoga in Physical Education and Sports**

### **Glossary**

- 1. Savage** - Fierce, violent
- 2. Acquisition** - An assets
- 3. Extramundane** - Outside
- 4. Habituations** - Action of becoming habituated
- 5. Exaggeration** - A statement that represent something or better or worse than it really is.