

Course Name : Bachelor of Physical Education

Year : IInd(Part-1)

Paper Name : Yoga

Topic no. : Section D 1(b)

Paper No. V

Lecture No. 24

Lecture Title : Educational Values of Yoga

Glossary

Whilst - While

Occult - Supernatural

Travelogue - Film or book

Disgruntled - Angry

Psychosomatic - Physical illness by stress