

Course Name: Bachelor of Physical Education

Year - IInd (Part-1)

Paper Name - Yoga

Topic Name - Types of Yoga

Topic No. – Section A (1)

Paper No. - V

Lecture No. - 2

Lecture Title

Type of yoga

Glossary

- 1. Hypocrisy** - Is the claim or pretense of holding beliefs, feelings, standards, qualities, opinions, behaviors, virtues, motivations, or other characteristics that one does not actually hold.
- 2. Propaganda** - Is the spreading of information in support of a cause. It's not so important whether the information is true or false or if the cause is just or not.
- 3. Synthetic** - A compound made artificially by chemical reactions
- 4. Lofty** - Elevated in character; exalted.
- 5. Persist** - To continue to exist or occur without interruption