

**Course Name: Bachelor of Physical Education**

**Year - IInd (Part-3)**

**Paper Name - Skill and Prowess**

**Topic Name - Skill and Prowess**

**Topic No. – Part – III (A) 4**

**Paper No. - A**

**Lecture No. – 7**

**Lecture Title**

**Table Tennis- 1**

**Glossary**

1. **Spinning-** The action or process of spinning; the conversion of fibres into yarn
2. **Bounce -** A rebound of a ball or other object.
3. **Collapsible-** Able to be folded into a small space.
4. **Barriers-** A fence or other obstacle that prevents movement or access
5. **Rigidness-** Not moving
6. **Dimensions-** A measurable extent of a particular kind, such as length, breadth, depth, or height.