**Course Name: Bachelor of Physical Education** 

Year - IInd (Part-3)

Paper Name - Skill and Prowess
Topic Name - Skill and Prowess
Topic No. - Part - III (A) 4
Paper No. - A
Lecture No. - 6

## **Lecture Title**

## **Badmintion**

## **Summary**

The game of badminton is known as game of Gentlemen, it require a great fitness and skill level. It is a racquet sport played by either two opposing players (singles) or two opposing pairs (doubles) who take positions on opposite halves of a rectangular court divided by a Net