

Course Name: Bachelor of Physical Education

Year - IInd (Part-3)

Paper Name - Skill and Prowess

Topic Name - Skill and Prowess

Topic No. – Part – III (A) 2

Paper No. - A

Lecture No. – 5

Lecture Title

Fundamental Skills in Football

Glossary

Perpendicular - At an angle of 90° to a given line, plane, or surface or to the ground

Defending- Resist an attack made on (someone or something); protect from harm or danger.

Kick - Strike or propel forcibly with the foot.

Penalty - Punishment imposed for breaking a law, rule, or contract.