

**Course Name: Bachelor of Physical Education**

**Year - IInd (Part-3)**

**Paper Name - Skill and Prowess**

**Topic Name - Skill and Prowess**

**Topic No. – Part – III (C)**

**Paper No. - B**

**Lecture No. – 25**

### **Lecture Title**

**History & Uneven Bars**

### **References**

Uneven Bars: Tips, Rules, and Legendary by Tracy Nelson Maurer (Author)

Men's Gymnastics Horizontal Bar Paperback – Import, May 1976 by Irvin Faria

### **Links**

<https://www.britannica.com>

<https://www.rio2016.com>

[www.gymsupply.com](http://www.gymsupply.com)