

**Course Name: Bachelor of Physical Education**

**Year - IInd (Part-3)**

**Paper Name - Skill and Prowess**

**Topic Name - Skill and Prowess**

**Topic No. – Part – III (C)**

**Paper No. - B**

**Lecture No. – 25**

### **Lecture Title**

### **History & Uneven Bars**

### **Glossary**

1. **Apparatus:** the technical equipment or machinery needed for a particular activity or purpose
2. **Mounts:** climb up (stairs, a hill, or other rising surface).
3. **Straddle:** sit or stand with one leg on either side of.
4. **Bounces:** move quickly up, back, or away from a surface after hitting it.
5. **Giants:** an imaginary or mythical being of human form but superhuman size