

Course Name - Bachelor of Physical Education

Year - IInd (Part-3)

Paper Name - Skill and Prowess

Topic Name - Skill and Prowess

Topic No. – Part – III (B) II

Paper No. - B

Lecture No. – 18

Lecture Title

Relay Race - 2

References:

1. **The Relay Race (Pied Piper Books) Paperback – 31 Jul 1986 by Allen Saddler (Author), G. Floyd (Illustrator)**
2. **Mastering Running (Masters Athlete Series) Paperback – June 25, 2014**

By Cathy Utzschneider

Links:

- trackandfield.about.com › ... › Illustrated Histories for Each Track and Field Event
- <https://www.britannica.com/sports/relay-race>