

**Course Name - Bachelor of Physical Education**

**Year - IInd (Part-3)**

**Paper Name - Skill and Prowess**

**Topic Name - Skill and Prowess**

**Topic No. – Part – III (B) II**

**Paper No. - B**

**Lecture No. – 18**

**Lecture Title**  
**Relay Race - 2**

**Glossary**

**Grasping** - Avaricious; greedy.

**Echelon** - A formation of troops, ships, aircraft, or vehicles in parallel rows with the end of each row projecting further than the one in front.

**Outwit** - Deceive by greater ingenuity.

**Baton - Exchange** - The passing or **exchange** of a **baton** between handlers in a relay class.

**Centrifugal** - Moving or tending to move away from a centre.