

Course Name: Bachelor of Physical Education
Year - IInd (Part-3)
Paper Name - Skill and Prowess
Topic Name - Skill and Prowess
Topic No. – Part – III (B) I
Paper No. - B
Lecture No. – 16

Lecture Title
Hurdle Races II

References:

A Text Book of Physical Education and Sports

www.ebooks.com/subjects/education-physical-education-ebooks/462/

Links

<http://www.livestrong.com>

<http://www.livestrong.com>

<http://www.pedagonet.com>