

Course - Bachelor of Physical Education

Year - IInd (Part-3)

Paper Name - Skill and Prowess

Topic Name - Skill and Prowess

Topic No. – Part – III (A) 4

Paper No. - A

Lecture No. – 10

Lecture Title

Equipment, Playing Conditions and Officials in Table Tennis

Summary

The sport has progressed enormously since it was first invented. Nowadays, players use specially developed rubber-coated wooden and carbon-fibre rackets and a lightweight, hollow celluloid ball. The equipment and the playing conditions are much more better and this game is becoming more and more popular in every age group.