

Course Name: Bachelor of Physical Education
Year - IInd (Part-1)
Paper Name - Methods of Physical Education
Topic Name - Lesson: Plans
Topic No. - Section - B
Paper No. - IIIrd
Lecture No. - 7

Lecture Title

Lesson Plan Structuring

FAQ's

1. What is meant by a lesson plan?

Ans- A lesson plan is the teacher's guide for running a particular lesson, and it includes the goal (what the students are supposed to learn), how the goal will be reached (the method, procedure) and a way of measuring how well the goal was reached (test, worksheet, homework etc.)

2. Define evaluation?

Ans- An evaluation component, a test for mastery of the instructed skills or concepts—such as a set of questions to answer or a set of instructions to follow.

3. What is the concept of generalizing

Ans- This concept is concerned with the systematizing of the knowledge learned. Comparison and contrast lead to generalization. An effort should be made to ensure that students draw the conclusions themselves. It should result in student's own thinking, reflection and experience.

4. According to Samford unit plan refers to?

Ans- A unit plan is one which involves a series of learning experiences that are linked to achieve the aims composed by methodology and contents

5. Define the term contractual work?

Ans – in contractual work teacher and student establish an agreement that the student must perform a certain amount of work by a deadline