

**Course Name: Bachelor of Physical Education**  
**Year - IInd (Part-1)**  
**Paper Name - Methods of Physical Education**  
**Topic Name - Lesson: Plans**  
**Topic No. - Section - B**  
**Paper No. - IIIrd**  
**Lecture No. - 6**

### **Lecture Title**

### **The Basics of Lesson Plan**

### **Glossary**

1. **Comprehension:** The ability to understand something.
2. **Gallop:** Proceed at great speed.
3. **Competitive:** Relating to or characterized by competition.
4. **Interaction:** Reciprocal action or influence.
5. **Pronounce:** Declare or announce in a formal or solemn way.