

**Course Name: Bachelor of Physical Education**  
**Year - IInd (Part-1)**  
**Paper Name - Methods of Physical Education**  
**Topic Name - Methods of Teaching**  
**Topic No. - Section – A (2)**  
**Paper No. - IIIrd**  
**Lecture No. - 4**

### **Lecture Title**

### **Command Method of Physical Education - Part II**

#### **Summary**

The teacher must be aware of the emotional context of this behavior. There are at least two possibilities that can develop. One is the abuse of power by the teacher, who may use this behavior for control and reprimand purposes. (When we reprimand someone, we usually take away decisions.) When this kind of teaching behavior prevails, negative feelings often result and the learner will reject the teaching style, the teacher, and the subject matter. The second possibility is that the teacher will use the Command style with affection, charm, and care. The Command style or method does not mean “being mean”; this behavior can be used to motivate learners, elevate their self-concept, and develop esprit de corps.