

Course Name: Bachelor of Physical Education

Year: IInd (Part-1)

Paper Name: Methods of Physical Education

Topic Name - Meaning, Scope & Importance of Physical Education

Topic No. - Sec - A (1)

Paper No. - IIIrd

Lecture No.: 2

Lecture Name

Methods of Teaching Physical Education - An Introduction - Part II

Glossary

- 1. EXPLORATION :** The action of exploring an unfamiliar area.
- 2. CULMINATING:** Reach a climax or point of highest development.
- 3. CRUCIAL :** Decisive or critical, especially in the success or failure of something
- 4. CONSISTENT:** Acting or done in the same way over time, especially so as to be fair or accurate.
- 5. TACTICAL:** Relating to or constituting actions carefully planned to gain a specific military end.