

**Course Name: Bachelor of Physical Education**

**Year: IInd (Part-1)**

**Paper Name: Methods of Physical Education**

**Topic Name - Meaning, Scope & Importance of Physical Education**

**Topic No. - Sec - A (1)**

**Paper No. - IIIrd**

**Lecture No.: 2**

### **Lecture Name**

#### **Methods of Teaching Physical Education - An Introduction - Part II**

#### **F.A.Q's**

**Q1. What are three models and approaches developed exclusively for physical education ?**

**A1.** – sports education

- Tactical games approach
- Teaching for personal and social responsibility through physical activity

**Q2. How many primary goals are there in sports education curriculum instruction model ?**

**A2.** The sports education curriculum model has 3 primary goals:-

- Competent sports people
- Literate people
- Enthusiastic sportspeople.

**Q3. What are the features of 'sports education' based curriculum and teaching approach ?**

**A3.** Sports education has six key features that are closely derived from how sport is conducted in community and authentic sport contexts. These features are:-

- Seasons
- Affiliation
- Formal competition
- culminating events
- Record keeping
- Festivity.

**Q4. What is the advantage of Guided Discovery ?**

**A4.** The advantage of guided discovery method is it truly entices the students to think for themselves. It also supports the development of a positive self-concept on the account that each student will successfully find an answer to the movement challenges. This method is useful in equipping students with the proper utensils to implement what has been learned to other movement situation.