

**Course Name: Bachelor of Physical Education**  
**Year - IInd (Part-1)**  
**Paper Name - Methods of Physical Education**  
**Topic Name - Lesson: Plans**  
**Topic No. - Section - D**  
**Paper No. - IIIrd**  
**Lecture No. - 16**

### **Lecture Title**

#### **International Tournament Formats**

#### **Glossary**

**Worse** - of poorer quality or lower standard

**Stepladder** -A short folding ladder with flat steps and a small platform

**League** - A collection of people or group of people that combine for mutual protection

**Amended** – Make minor changes

**Retain** - Continue to have, keep possession of