

Course Name: Bachelor of Physical Education

Year - IInd (Part-1)

Paper Name - Methods of Physical Education

Topic Name - Lesson: Plans

Topic No. - Section - D

Paper No. - IIIrd

Lecture No. - 14

Lecture Name

Pedagogy and Lesson Plan

Summary

Any approach for designing subject matter must consider the first two objectives of this chapter: Lessons designed for the public school gymnasiums/ classrooms must make distinctions between content and pedagogy and they must offer episodes that support the intrinsic value of movement—the developmental concept. Physical education gymnasiums must be places where learners physically develop in the attributes, in the anatomical divisions, and in the various kinds of movements while they are experiencing fitness, sports, games, outdoor experiences, themes, etc. Teachers who are knowledgeable in pedagogy and Mosston's Three-Dimensional View of Movement Classification approach physical education experiences from a learning perspective.