

Course Name: Bachelor of Physical Education

Year - IInd (Part-1)

Paper Name - Methods of Physical Education

Topic Name - Lesson: Plans

Topic No. - Section - D

Paper No. - IIIrd

Lecture No. - 14

Lecture Name

Pedagogy and Lesson Plan

FAQ's

Q1. What does the matrix of Physical Attributes to in mosston's Concepting movement?

A One dimension is the matrix of Physical attributes (strength, agility, flexibility, balance, rhythm, endurance, accuracy, etc.)

Q2. What are the various approaches for performance in Mosston's Physical attributes.

A: The various approaches are :

1. Movement designed for the individual student using the body as an instrument
2. Use of simple apparatus
3. Use of Partner
4. Related simple games

Q3. What are the characteristics of Physical Education Gymnasium?

A3. Physical Education Gymnasium must be places where learners physically develop in the attributes, in the anatomical divisions, and in the various kinds of movements while they are experiencing fitness, sports, games, outdoor experiences, themes, etc.

Q4. What are the provisions of Mosston's 3-D model?

A4 the 3-d Model provides teachers with knowledge and options that can lead learner to more active, rather than passive, learning experiences. Although there are many approaches for designing subject matter, all eventually must answer similar questions.

Q5. What does episodic teaching focuses on ?

A5. Episodic teaching focuses on different sets of objectives, it embraces a non-versus approach to teaching. This approach honors learner's needs and their diversity and it supports the variety of objectives that subject matter requires. Content knowledge guides what teachers teach. Pedagogical knowledge guides how teachers teach content.