

**Course Name: Bachelor of Physical Education**  
**Year - IInd (Part-1)**  
**Paper Name - Methods of Physical Education**  
**Topic Name - Teaching of Games**  
**Topic No. - Section - C**  
**Paper No. - IIIrd**  
**Lecture No. – 12**

### **Lecture Title**

### **Safety Precautions in Physical Education Training**

### **Summary**

The formation of a well-planned EAP can make a significant difference in the outcome of an injury situation. At the start of each school year, every student should undergo a pre-participation physical examination. This allows a teacher to recognize the “high-risk” students before activity commences. The teacher should also take note of any student that requires any form of medication or special care.