

**Course Name: Bachelor of Physical Education**  
**Year - IInd (Part-1)**  
**Paper Name - Methods of Physical Education**  
**Topic Name - Teaching of Games**  
**Topic No. - Section - C**  
**Paper No. - IIIrd**  
**Lecture No. – 11**

**Lecture Title**  
**Reciprocal Method in Physical Education**

**Summary**

Learners will vary in their ability to make the different decisions of the various behaviors. The initial purpose of using the different behaviors delineated in the Spectrum is to lead learners to be responsible for making these decisions and to be comfortable in shifting from one set of decision structures to another. Indeed, these skills are necessary in adulthood. Practice in making decisions is a primary focus and intent of the Spectrum. Once learners are able to make the decisions within the different behaviors, the teaching– learning experience can expand in its options, variations, and combinations.