

Course Name : Bachelor of Physical Education

Year : IInd (Part - I)

Paper Name : Method of Physical Education

Paper No. IIIrd

Lecture No. 10

Topic no. : Section - C

Lecture Title : The Practice Style Method -2

Summary

The defining characteristic of the Practice style is individual and private practice of a memory/reproduction task with private feedback. In every field, the Practice method or style is a predominant behavior—people individually practice tasks and receive feedback. This landmark teaching–learning behavior can emphasize any of the attributes along the Developmental Channels. How important this particular style is for imparting physical education training for the students.