

Course - Bachelor of Physical Education

Year - IInd (Part-1)

Paper Name - Methods of Physical Education

Topic Name - Meaning, Scope & Importance of Physical Education

Topic No. - Sec - A (1)

Paper No. - IIIrd

Lecture No. - 1

Lecture Name

Methods of Teaching Physical Education - an Introduction

Glossary

- 1. Pshychomotor:** Relating to the origination of movement in conscious mental activity.
- 2. Congnitive:** Relating to cognition.
- 3. Reciprocal:** Given, felt, or done in return
- 4. Exploration:** The action of exploring an unfamiliar area.
- 5. Inaccurate:** Incorrect or untrue