

**Course Name - Bachelor of Physical Education**

**Year – IInd (Part-1)**

**Paper Name - Psychology with Special Reference to Physical Education**

**Topic Name - Growth & Development**

**Topic No. - Sec - B (6)**

**Paper No. - IInd**

**Lecture No. - 8**

### **Lecture Title**

## **Growth and Development**

### **Links:**

<https://www.boundless.com>

[www.epi.umn.edu/](http://www.epi.umn.edu/)

### **References :**

Understanding Early Childhood: Issues and Controversies By Helen Penn

Development in Infancy: An Introduction By Michael E. Lamb; Marc H. Bornstein;  
Douglas M. Teti

Infancy to Early Childhood: Genetic and Environmental Influences on Developmental  
Change By Robert N. Emde; John K. Hewitt