

Course Name - Bachelor of Physical Education

Year – IInd (Part-1)

Paper Name - Psychology with Special Reference to Physical Education

Topic Name - Learning

Topic No. - Sec - B (5)

Paper No. - IInd

Lecture No. - 7

Lecture Title

Learning Curves

Glossary

- **Modification:** A change made
- **Retention:** The action of absorbing and continuing to hold a substance
- **Spurts:** A sudden marked burst or increase of activity or speed
- **Fluctuations:** An irregular rising and falling in number or amount; a variation
- **Appraisal:** An act of assessing something or someone.
- **Stagnation:** State of being still, or not moving
- **Slacken:** Reduce or decrease in speed or intensity
- **Persistence:** The continued or prolonged existence of something.
- **Proponent:** A person who advocates a theory, proposal, or course of action
- **Facilitate:** Make (an action or process) easy or easier.
- **Insightful:** Having or showing an accurate and deep understanding