**Course Name: Bachelor of Physical Education** 

Year - IInd (Part-1)

Paper Name - Psychology with Special Reference to Physical Education

**Topic Name - Instinct** 

Topic No. - Sec - A (2)

Paper No. - IInd

Lecture No. - 3

## **Lecture Title Instinct-Definition, Characteristics and Their Training**

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## Links

https://en.wikipedia.org/wiki/Instinct

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