

Course Name: Bachelor of Physical Education

Year – IInd (Part-1)

Paper Name - Psychology with Special Reference to Physical Education

Topic Name - Emotion

Topic No. - Sec - A (2)

Paper No. - IInd

Lecture No. - 2

Lecture Title

Emotion- Meaning and Their Psychological Change and Sub Limitations

Glossary

- **Cognitive:** Concerned with the act or process of knowing, perceiving, etc.
- **Affective:** Relating to moods, feelings, and attitudes
- **Psychomotor:** Relating to the origination of movement in conscious mental activity.
- **Instinct:** An innate, typically fixed pattern of behavior in response to certain stimuli
- **Progressive:** Happening or developing gradually or in stages
- **Obnoxious:** Highly objectionable or offensive
- **Sublimate:** To express a desire or feeling by changing it into a form that is socially acceptable
- **Stimuli:** Something that can elicit or evoke a physiological response
- **Implication:** The action or state of being involved in something.