Course Name - Bachelor of Physical Education Year - IInd (Part-1) Paper Name - Psychology with Special Reference to Physical Education Topic Name - Group Formation Topic No. - Sec - C (10) Paper No. - IInd Lecture No. - 14

## **Lecture Title**

## **Group Formation**

## **Summary:**

We are all social human beings. We interact with one another in a group. The essence of interaction is that all participants modify their behavior according to what others are doing and saying, the social influences on behavior play an important and significant role in the formation of individual's personality. All of such human behavior comes under the purview of social psychology which is the study of human interaction and the way it affects behavior. Social Psychology may be defined as the scientific study of how individuals affect each other and how these effects may be minimized and maximized.