

Course Name - Bachelor of Physical Education Part I

Year IInd (Part-1)

Paper Name -Psychology with Special Reference to Physical Education

Paper No. IInd

Lecture No. 13

Topic No. Sec - C (9)

Topic Name: Play

Lecture Title

Play

Summary

Every child has a desire to play but there is a variety of manifestations of this desire. Tendency to play has led psychologists to believe that play either is an innate tendency or it is an instinctive urge, but both beliefs are not satisfying. It all depends upon the attitude of the individual towards any activity. The same activity can be played as well as work. For example, for an artist, painting is work, whereas it is play for many of us.